



Weekly courses & sessions

New start dates from September 20th 2022

Spanish for Expats

Living in Spain, but don't use Spanish enough regularly to feel confident in your day-to-day encounters?

Spanish for Expats is specifically designed for you! We understand that it may be tricky to improve your Spanish if not used for work, even more so if having mostly other expats friends.

That's why these weekly sessions are a great way to improve and get support while learning in a fun way, that is also well combined with your already existing life in Barcelona.

English for Professionals/ Communication Optimization

Speak English, but you don't feel as secure as you'd like and have doubts sometimes when communicating in English?

Would you like to polish and improve your English, while also working on your Communication skills and specific objectives?

Then this is the English/Communication Optimization weekly class for you!

We will be working on relevant areas of English and Communication skills related to both professional and personal development, while adapting the sessions to our participants objectives and areas of interests.

(Versión en Español más abajo)

Communication Optimization

- Become more aware of your communication patterns and increase your overall self-awareness
- Widen your EQ (Emotional Intelligence) perspective in order to handle communication with others better
- Learn how your attributes may help or hinder you in different ways and situations and use it to your advantage
- Work on reaching specific communication objectives relevant to your professional/ personal requirements

Through our Communication Optimization training we want to provide you with insights and tools to help you develop and strengthen your communication abilities in ways that will also make it clearer how to focus on what matters to you and how to get to there in a more efficient way.

Inglés para Profesionales/ Optimización de la comunicación

¿Hablas inglés, pero no te sientes tan seguro como te gustaría y a veces tienes dudas al comunicarte en inglés?

¿Te gustaría pulir y mejorar tu inglés, al mismo tiempo que trabajas en tus habilidades de comunicación y objetivos específicos?

¡Entonces esta es la clase semanal de inglés/ optimización de la comunicación para ti!

Estaremos trabajando en áreas relevantes de inglés y habilidades de comunicación relacionadas con el desarrollo profesional y personal, mientras adaptamos las sesiones a los objetivos y áreas de interés de nuestros participantes.